

National parks and nature reserves worldwide receive around eight billion visits annually.



Balmford A. *et al* (2015) Walk on the Wild Side: Estimating the Global Magnitude of Visits to Protected Areas. PLoS Biol 13(2)
doi: [10.1371/journal.pbio.1002074](https://doi.org/10.1371/journal.pbio.1002074)

Should we limit visitors at national parks?

Record crowds push park service to seek new solutions.



MARY JO DILONARDO

August 3, 2017, 12:34 p.m.



Crowds gather around Old Faithful geyser at Yellowstone National Park. (Photo: Vlad Turchenko/Shutterstock)

NEW RULES FOR MACHU PICCHU VISIT IN 2024

[Home](#) / [Travel Blog](#) / New Rules For Machu Picchu Visit in 2024



The entrance ticket to Machu Picchu is used differently since 2021. The **Machu Picchu new visiting rules for 2024** in addition to introducing **5 different circuits** to visit the Inca site, the park administration has taken measures to facilitate the visit through the four different circuits.

These five different circuits enable to the preservation and sustainability of the UNESCO WORLD HERITAGE. They are regulated by 'regulation on sustainable use and tourists visits for the conservation of Lacta Machu Picchu'.

[Machu Picchu tickets for 2024](#) can be booked online on the Ministry of Culture website or we can help you book them. According to the Ministry of Culture website for booking,

there are only 4,500 tickets available for Machu Picchu. These tickets are distributed between [Inca trail tours](#), Machu Picchu citadel, Huchuy Picchu, Huaynapicchu and Mountain, therefore you'd better book it in advance.

Tickets	Availability
Machu Picchu Citadel	2950 Tickets
Huayna Picchu Mountain	200 Tickets
Machu Picchu Mountain	400 Tickets

REQUEST INFORMATION

Date of travel:

Number of people:

How did you hear about us:

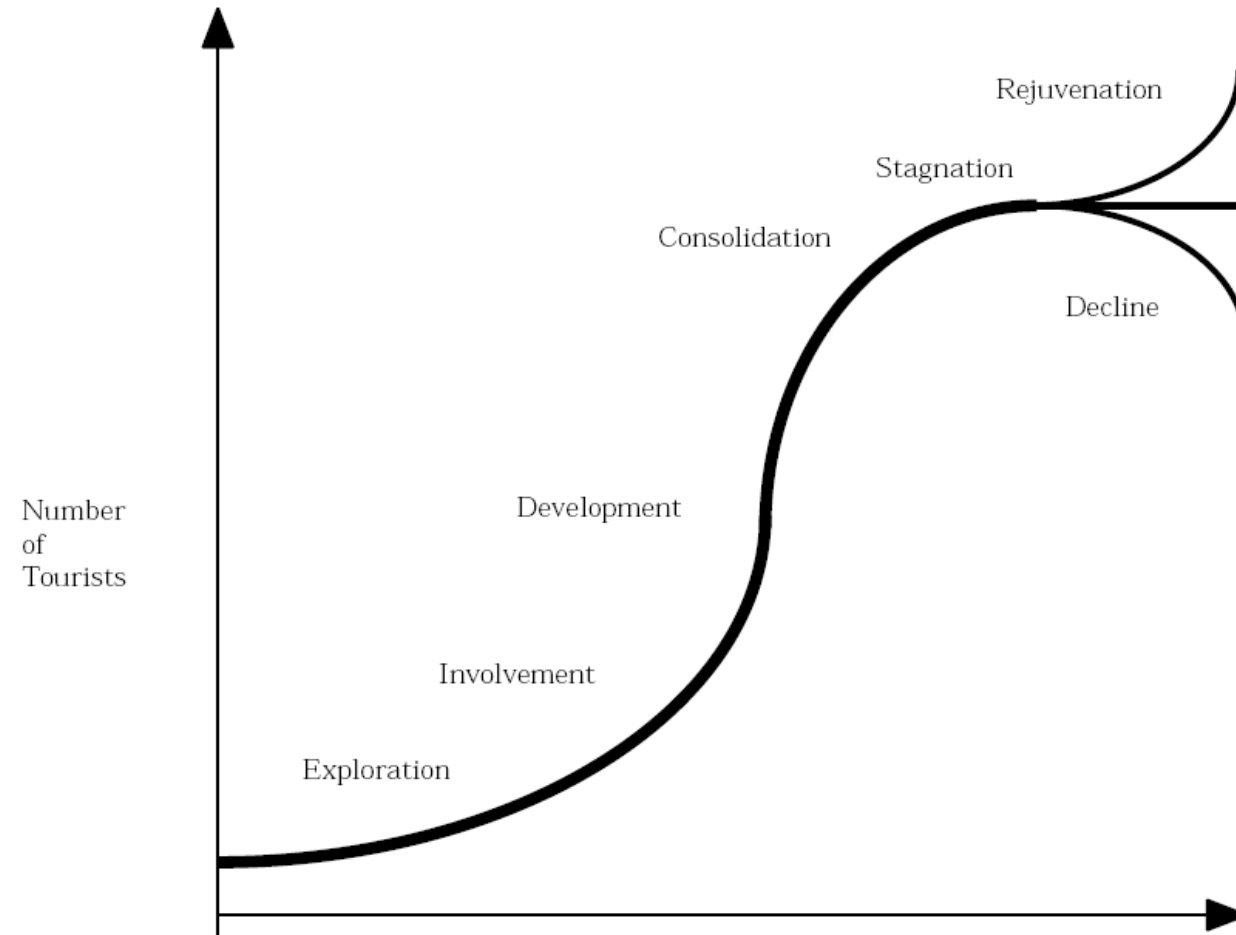
Responsible
People

An aerial photograph of a crowded beach. The foreground is filled with a dense field of colorful beach umbrellas in various colors like white, blue, yellow, and red. People are scattered throughout the scene, some walking on the sand and others in the shallow water. The background shows a line of trees and buildings, suggesting an urban beach setting. A semi-transparent blue rectangular box is overlaid on the middle of the image, containing white text.

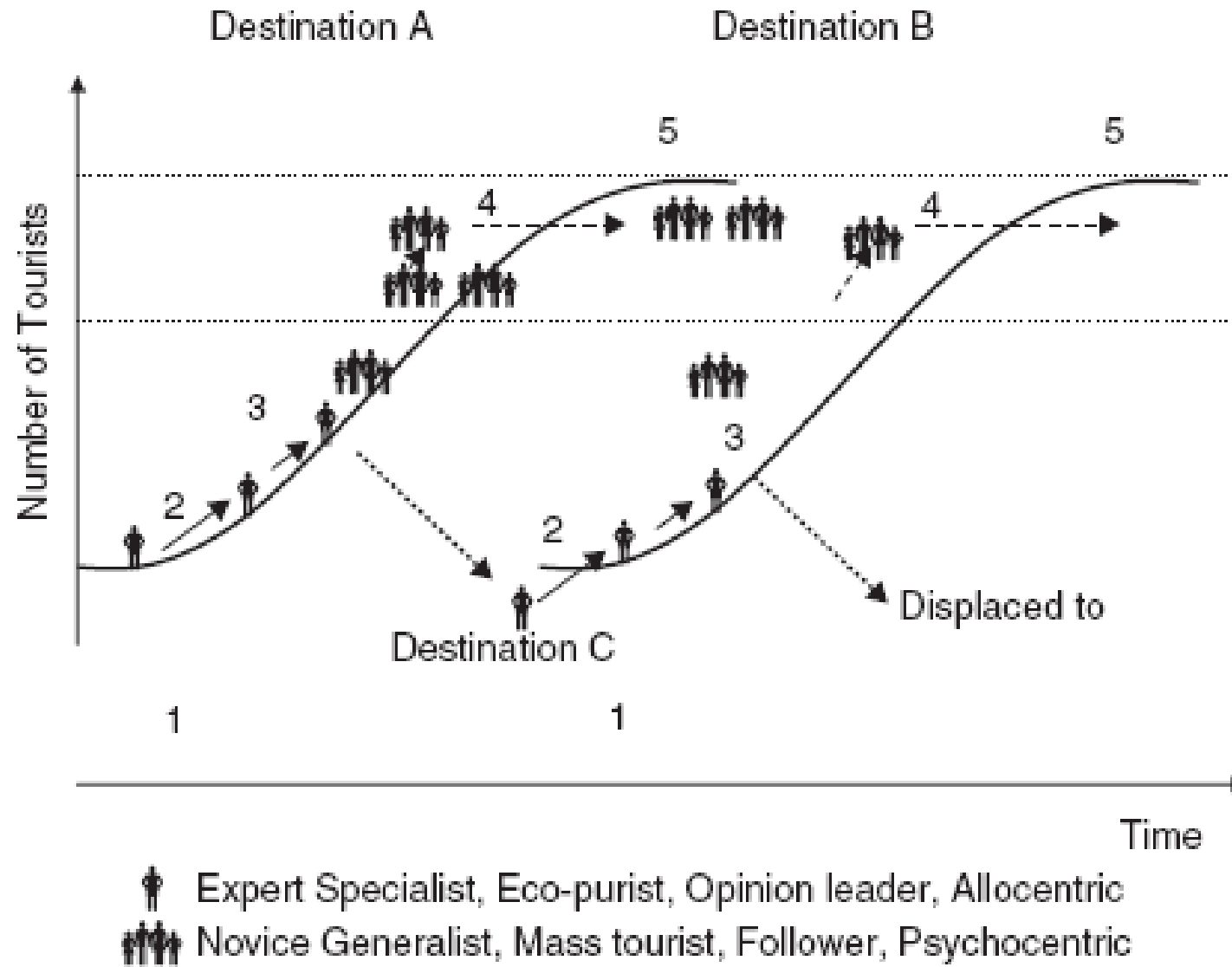
MAGICAL NUMBER

HOW MANY ARE TOO MANY?

TOURISM CYCLE



Butler, 1989



CARRYING CAPACITY

- Balance between reproduction and potential environmental resistance.



- Maximum population of a species that a specific ecosystem can endure indefinitely without irreversible degradation of nature and quality of resources.

RECREATIONAL CARRYING CAPACITY

Limit from which the resource becomes saturated (physical carrying capacity), OR environmental characteristics (ecological carrying capacity) OR user fruition characteristics (social carrying capacity).

A set of conditions - physical, biological, social and economic - that allow to manage a certain resource more than a mere calculation of the limit of visitors that can be accommodated.

IT'S NOT A MAGICAL NUMBER!!

BURCH Jr., W. R. (1984)

- “Much ado about nothing—some reflections on the wider and wilder implications of social carrying capacity.”
- “ ...In short, we have a large amount of research driven by a poorly understood concept whose main function is to help managers to control something they do not understand” .
- “Carrying capacity seemed a way of blaming the victim, without doing the hard work of getting more money to do a proper job of maintenance”.

CARRYING CAPACITY

- What is the Objective when assessing the Carrying Capacity;
- What is the Limit of Acceptable change that is acceptable to the ideal situation, in order to consider that the Carrying Capacity of a site is exceeded?

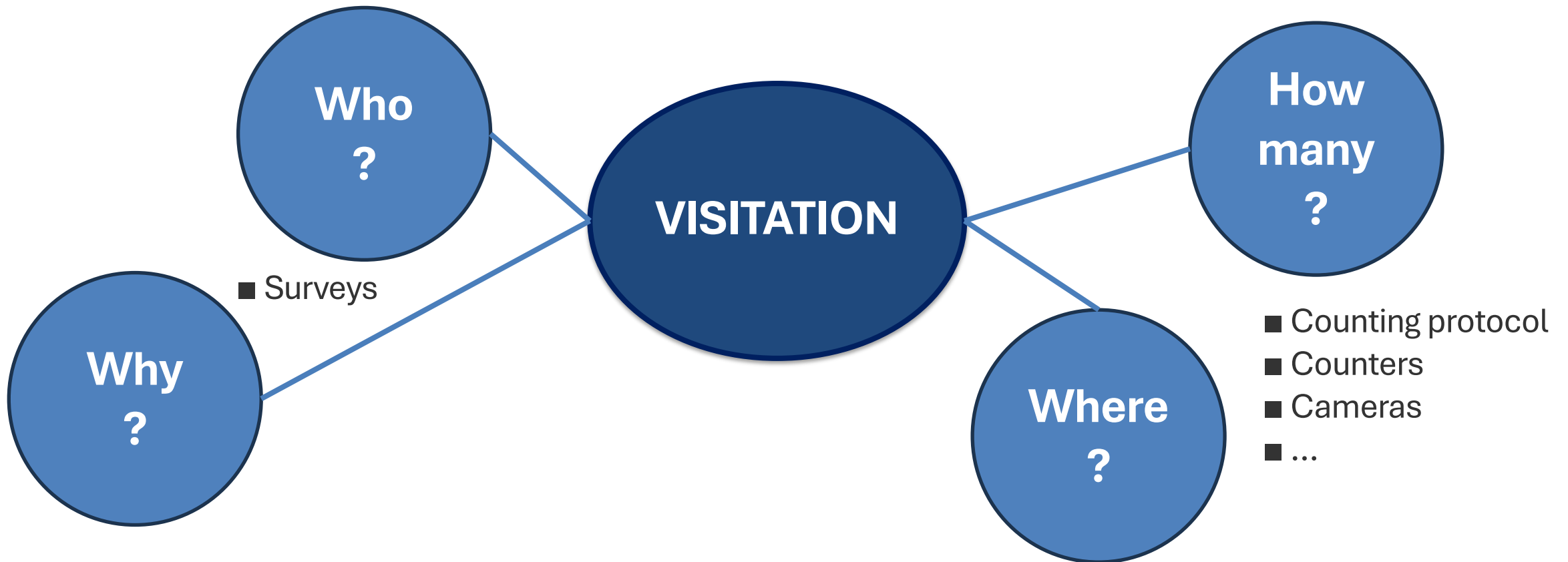
CARRYING CAPACITY

Comprises three components or dimensions:

- Physical-ecological
 - Socio-demographic,
 - Political-economic.
-
- Different weights in different destinations

CARRYING CAPACITY

- visitation capacity that a certain place can support without changing or threaten its original characteristics.



CARRYING CAPACITY WHY?



25 Years of Beach Carrying Capacity in Portugal: A Place for Everything and Everything in Its Place?

Carlos Pereira da Silva[†], Catarina Fonseca[‡], and Ricardo Nogueira Mendes[†]

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University Nova de Lisboa, Portugal

[‡]CIBIO – Research Center in Biodiversity and Genetic Resources/InBIO – Associate Laboratory
University of the Azores, Portugal



www.cerf-jcr.org

ABSTRACT

Pereira da Silva, C.; Fonseca, C., and Nogueira Mendes, R., 2020. 25 years of beach carrying capacity in Portugal: A place for everything and everything in its place? In: Malvárez, G. and Navas, F. (eds.), *Global Coastal Issues of 2020. Journal of Coastal Research*. Special Issue No. 95, pp. 920-924. Coconut Creek (Florida), ISSN 0749-0208.

In Portugal, the concept of beach carrying capacity was introduced in 1993, with the Shoreline Management



www.JCRonline.org

BEACH PLANS, SCALE 1: 2000

- Available area for recreational use,
- Carrying capacity identified,
- Parking areas,
- Pedestrian accesses,
- Support infrastructures,
- Concession areas



Beach Plan for *Praia da Árvore* (POOC *Caminha-Espinho*, APA, 2006, CC = 1.700 users)



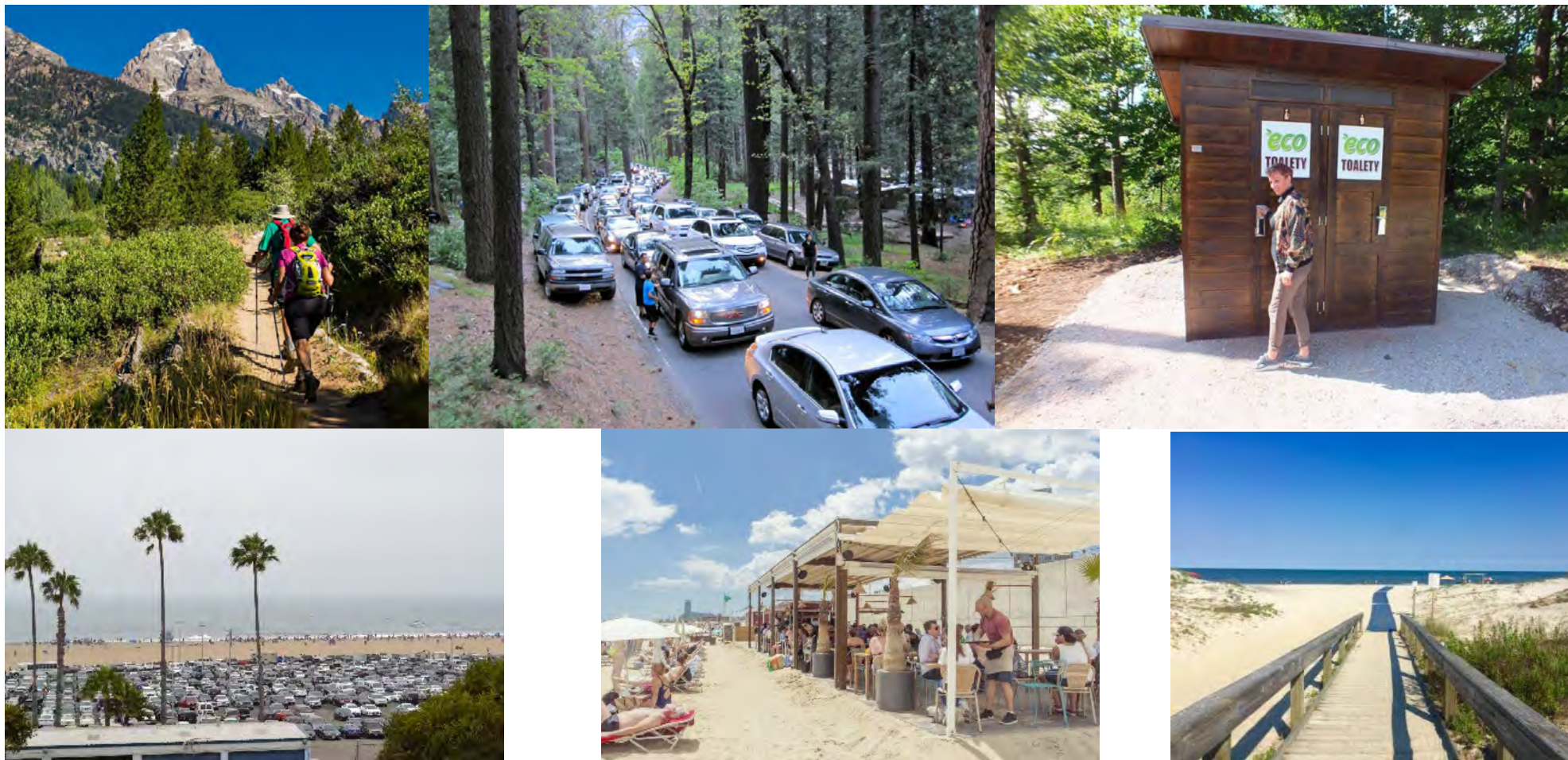
- EQUIPAMENTOS E APOIOS**
- APC Apoio de Praia Completo
 - APS Apoio de Praia Simples
 - AC Apoio Complementar
 - EAP Equipamento com Funções de Apoio de Praia
 - EC Equipamento Complementar
 - E Equipamento
- Construções**
- A Manter (Tipologia Construção/Localização)
 - A Adaptar (Tipologia e/ou Construção)
 - ⊙ A Requalificar
 - △ A Demolir
- ▭ Polígono Preferencial de Localização
- ESTACIONAMENTO**
- A Manter
 - A Requalificar
 - ▭ Polígono Preferencial de Localização
- ACESSOS PEDONIAIS**
- A Manter
 - Local Preferencial
 - ▲ Rampa/Escada a Manter
- OUTRAS INTERVENÇÕES**
- ▨ Áreas a Requalificar
- ZONA A AFETAR A USOS**
- ▨ Frente de Praia
 - ▨ Zonas de apoio balnear
 - ▨ Conector Aberto à Atividade Piscatória/ Canal de acesso das embarcações
- INFORMAÇÃO COMPLEMENTAR**
- • • Limite do Equipamento das Vigas
- FAIXA DE SALVAGUARDA AOS RISCOS COSTEIROS**
- FAIXAS DE SALVAGUARDA em Litoral de Areia**
- ▨ Faixa de Salvaguarda para Terra - Nível I
 - ▨ Faixa de Salvaguarda para Terra - Nível II
 - ▨ Faixa de Salvaguarda para Mar
 - ▨ Áreas de Instabilidade Potencial
- FAIXAS DE SALVAGUARDA em Litoral Baixo e Arenoso**
- ▨ Faixa de Salvaguarda ao Galgamento e Inundação - Nível I
 - ▨ Faixa de Salvaguarda à Drenagem Costeira - Nível I
- DEMARCAÇÃO DA JURISDIÇÃO DA AUTORIDADE NACIONAL DA ÁGUA**
- LBMV/E - Linha de Máxima Praia-Mar de Águas Vivas Equilibrada
 - LLL - Linha Limite de Lote
 - LLM - Linha Limite da Margem

PROGRAMA DA ORLA COSTEIRA
ALCOBOÇA - CABO ESPICHEL



Rai	Seminatural	ALM-P18
Morena		ALM-P19
Almada	2018	

BUT ALSO...



MAIN METHODS & FRAMEWORKS

- Recreational Opportunity Spectrum – ROS (Clark & Stankey, 1979)
- Limit of Acceptable Changes – LAC (Stankey, 1985)
- Turistic Carrying Capacity – TCC (Cifuentes, 1992)

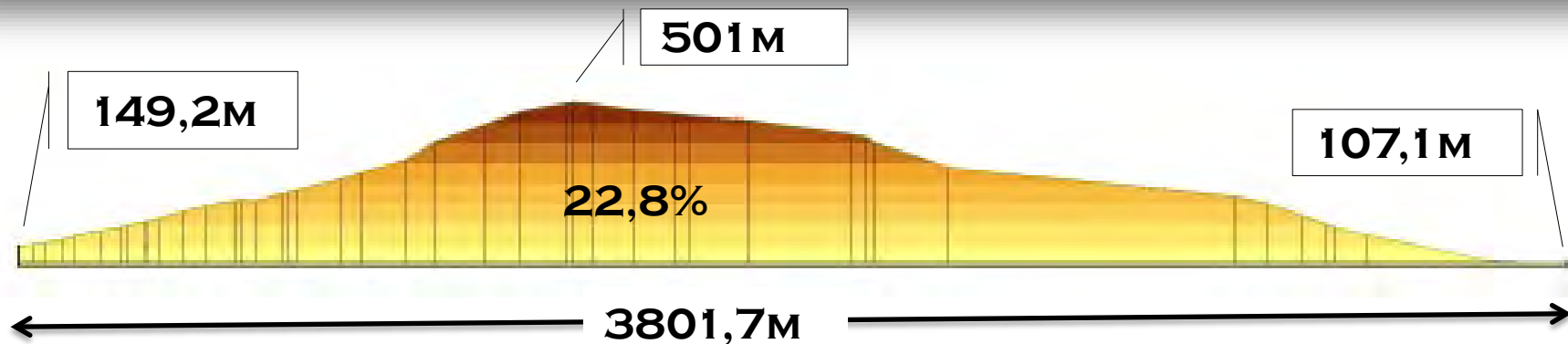
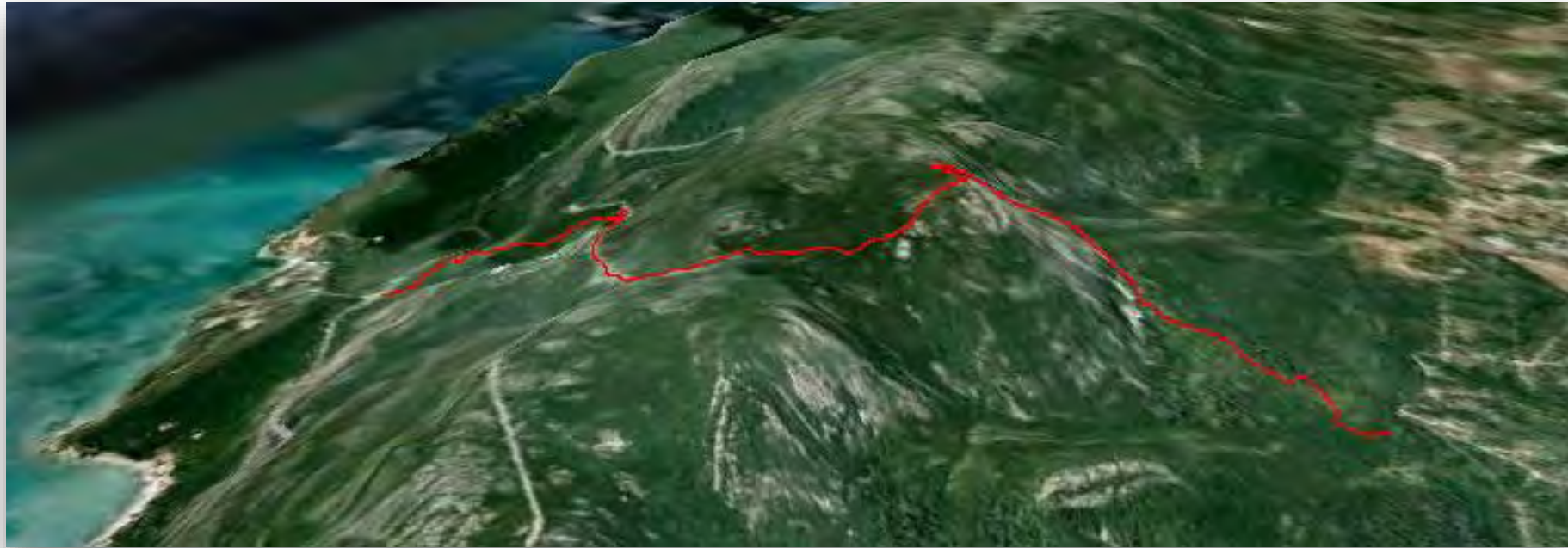
CARRYING CAPACITY

A tool for the management not the management it self.

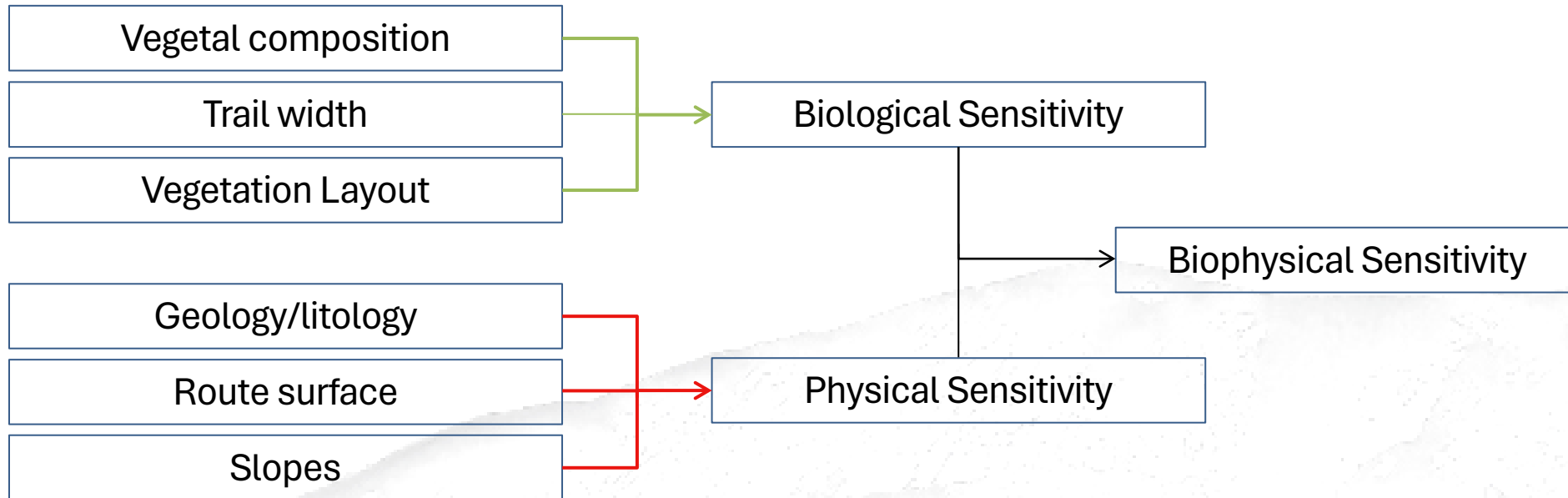
MANAGEMENT WITH CARRYING CAPACITY

- Zoning
- Regulating, Restricted, Forbidding activities
- Sacrifice areas, concentration vs. dispersion of impacts
- Taxes, Permits, etc.
- Environmental education and awareness

FORMOSINHO TRAIL, NATURAL PARK OF ARRÁBIDA

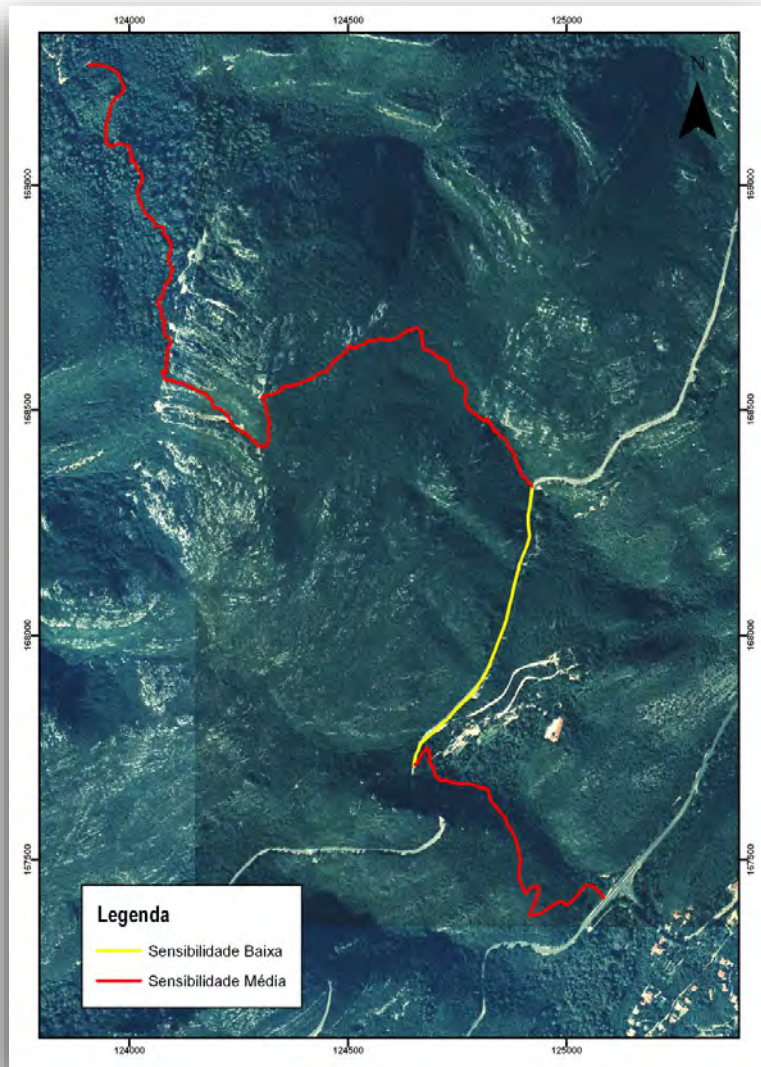


ENVIRONMENTAL SYNTHESIS



Biological Sensitivity	Biophysical Sensitivity		
	Low (1)	Average (2)	High (3)
Low (1)	1	2	3
Average (2)	2	2	3
High	3	3	3

BIOPHYSICAL SENSITIVITY



- Steep slopes;
- Geolithological substrate with erosion or low resistance;
- Plant formations with natural interest and relevant habitats;
- Damage and direct contact between user and vegetation;
- **81,49%** of the trail with **High Biophysical Sensitivity**

FORMOSINHO TRAIL CARRYING CAPACITY

Considered aspects:

- Safety (**Average slope** of 22.8%; **Erosion** in 16 route units; **Dangerous stopping areas**)
- Enjoyment (**14% dissatisfied with the size of the group**)
- Environmental vulnerability of the route

- Thresholds considered:
 - Group size ~ 4 to 15 people
 - Daily maximum 45 people

Parc Natural de Sant Llorenç del Munt i l'Obac

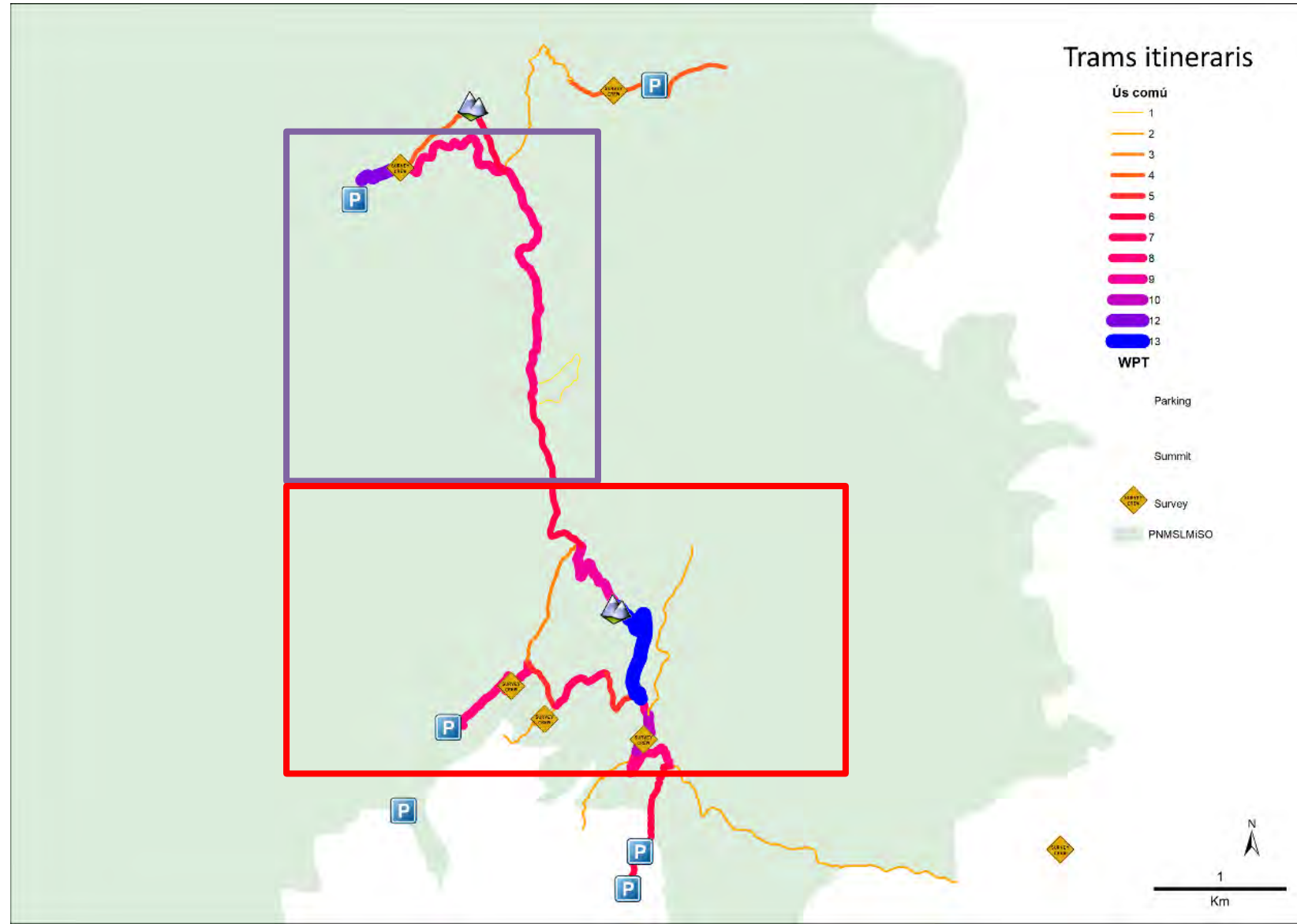


STARTING POINT

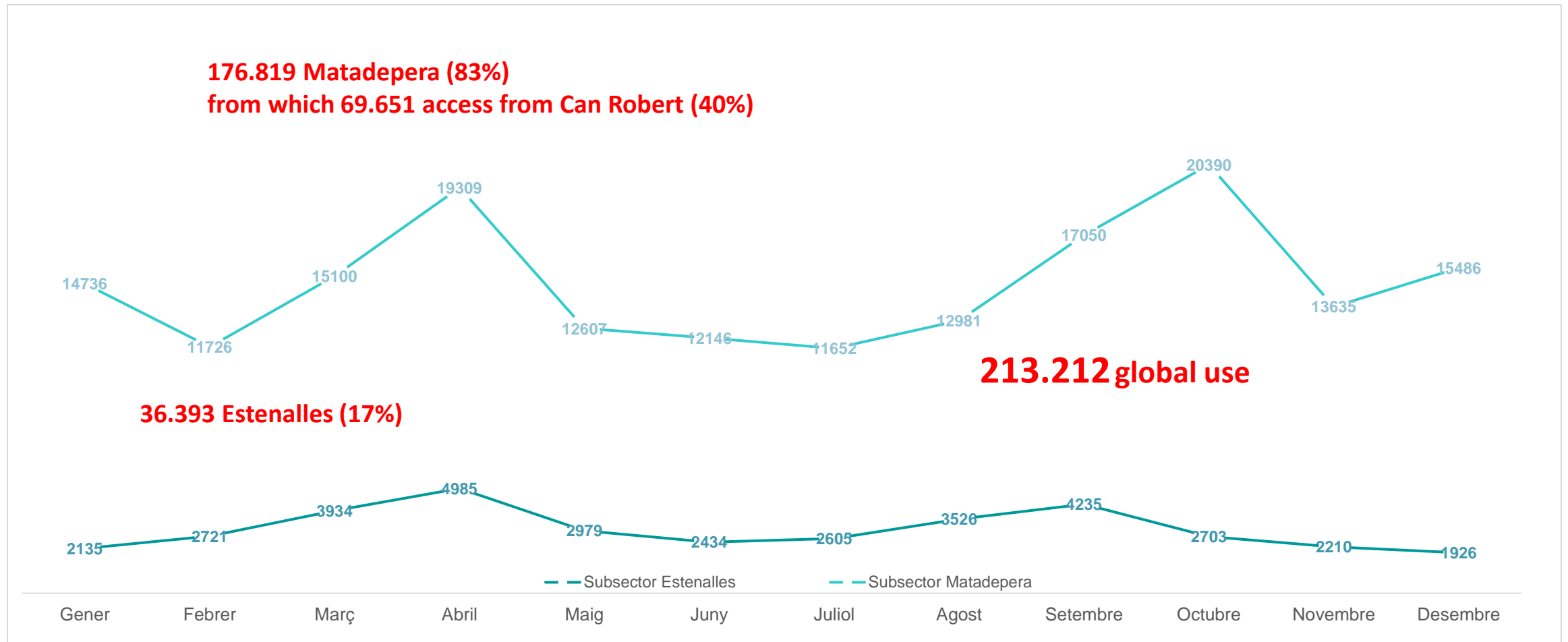
2 subsectors:

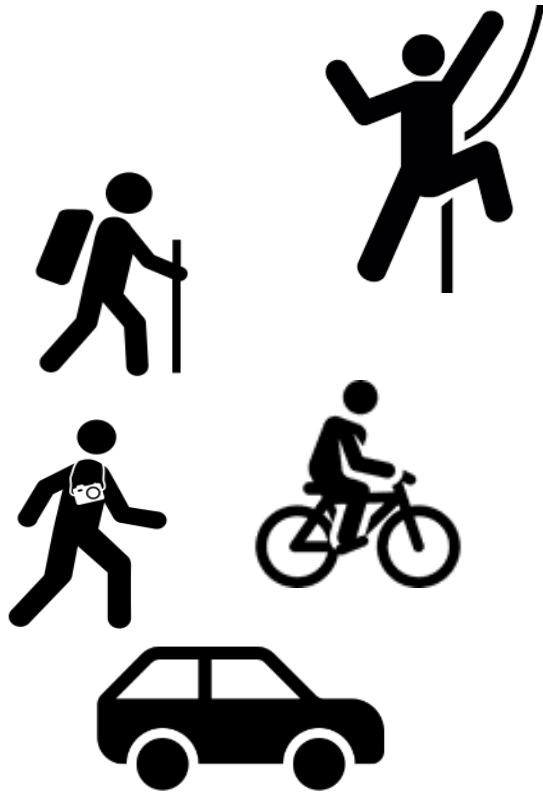
- El Montcau 
- La Mola 

**Large number
of stretches
With
common use**



STARTING POINT





Base Factor

PHYSICAL Carrying Capacity (PCC)

REAL Carrying Capacity (RCC)

EFFECTIVE Carrying Capacity (ECC)

Weather

Environment

Erodibility

Trail type

Difficulty

Social perception

Seasonality

Infrastructure

compatibility of uses

Common sections

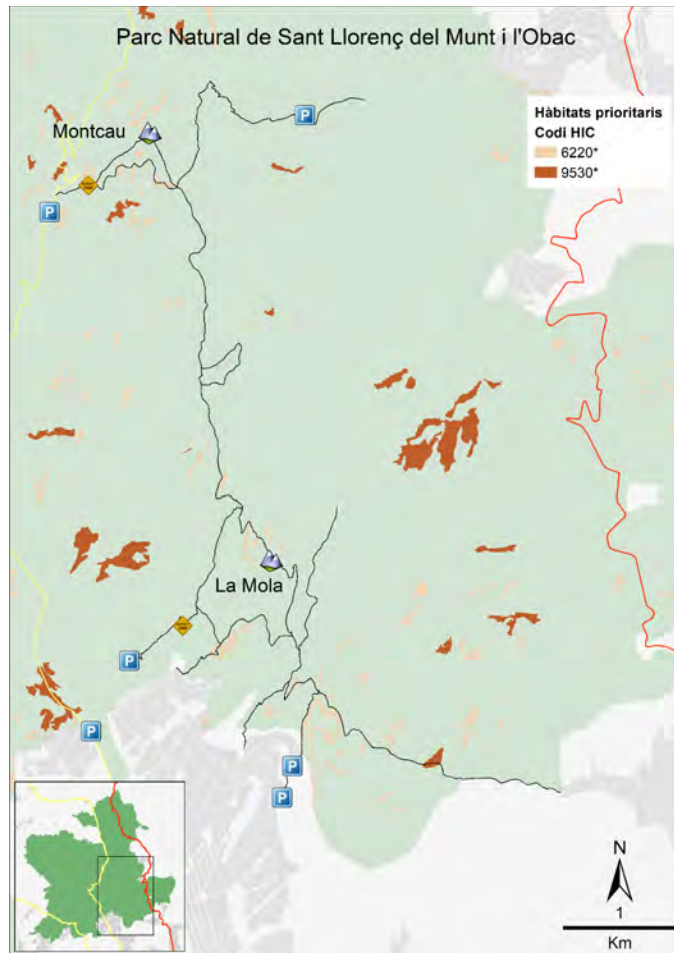
Dispersion

Satisfaction

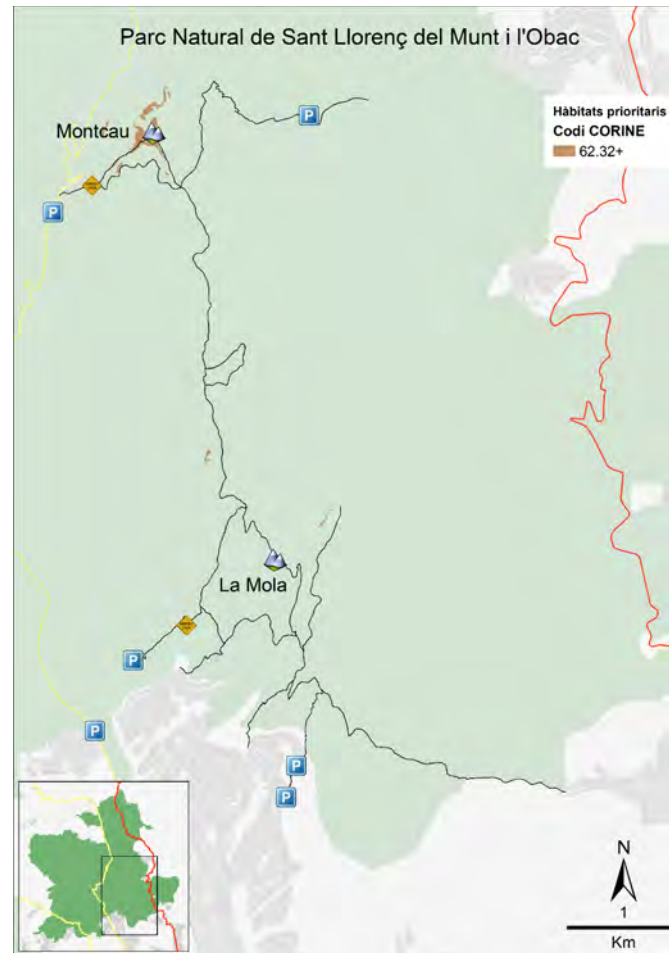
Local population

$$\text{Physical CC} \geq \text{Real CC} \geq \text{Effective CC}$$

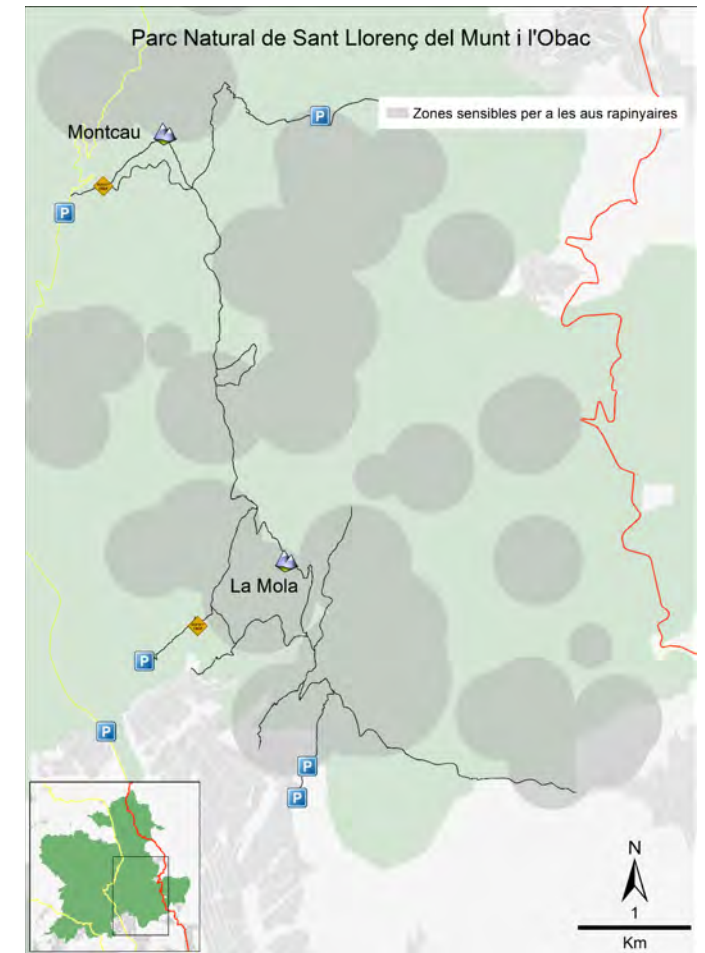
BASE DATA



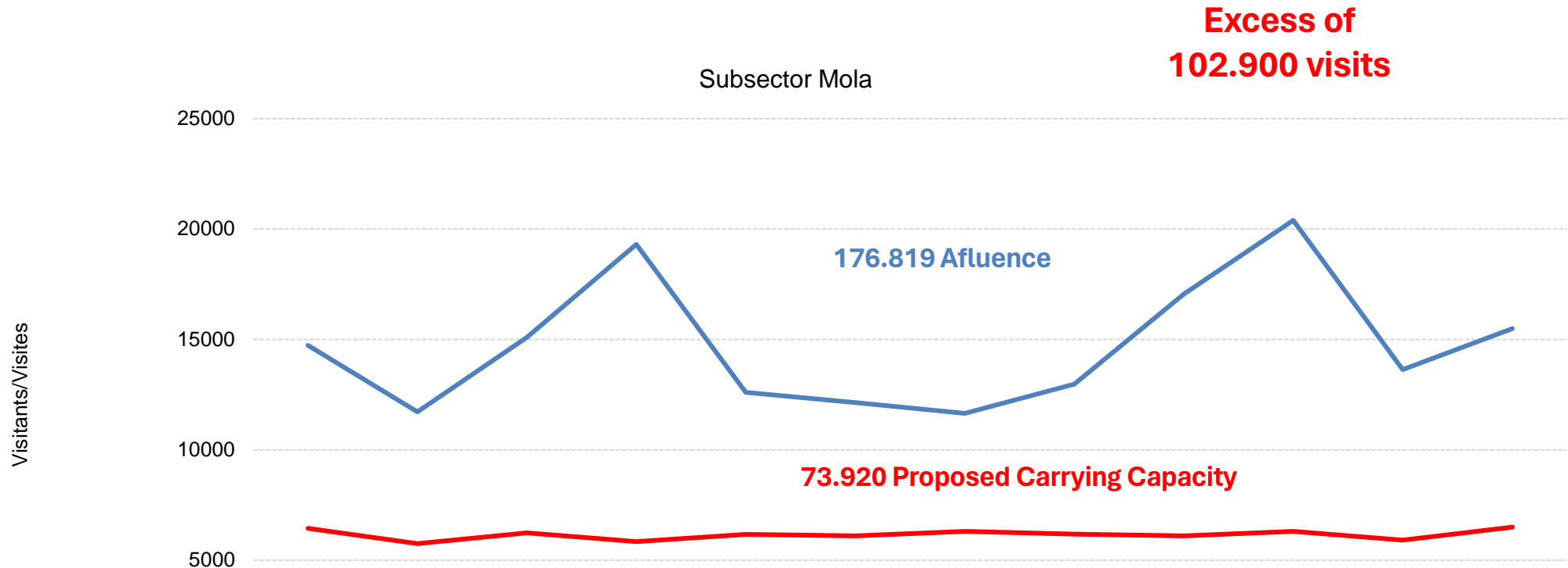
Priority habitats



Conservation buffers for Birds of prey



VISITOR CARRYING CAPACITY vs LA MOLA USE



	Gener	Febrer	Març	Abril	Maig	Juny	Juliol	Agost	Set.	Oct.	Nov.	Des.
— Capacitat d'acollida	6442	5759	6243	5849	6177	6110	6313	6185	6106	6310	5918	6509
— Dades comptador	14736	11726	15100	19309	12607	12146	11652	12981	17050	20390	13635	15486

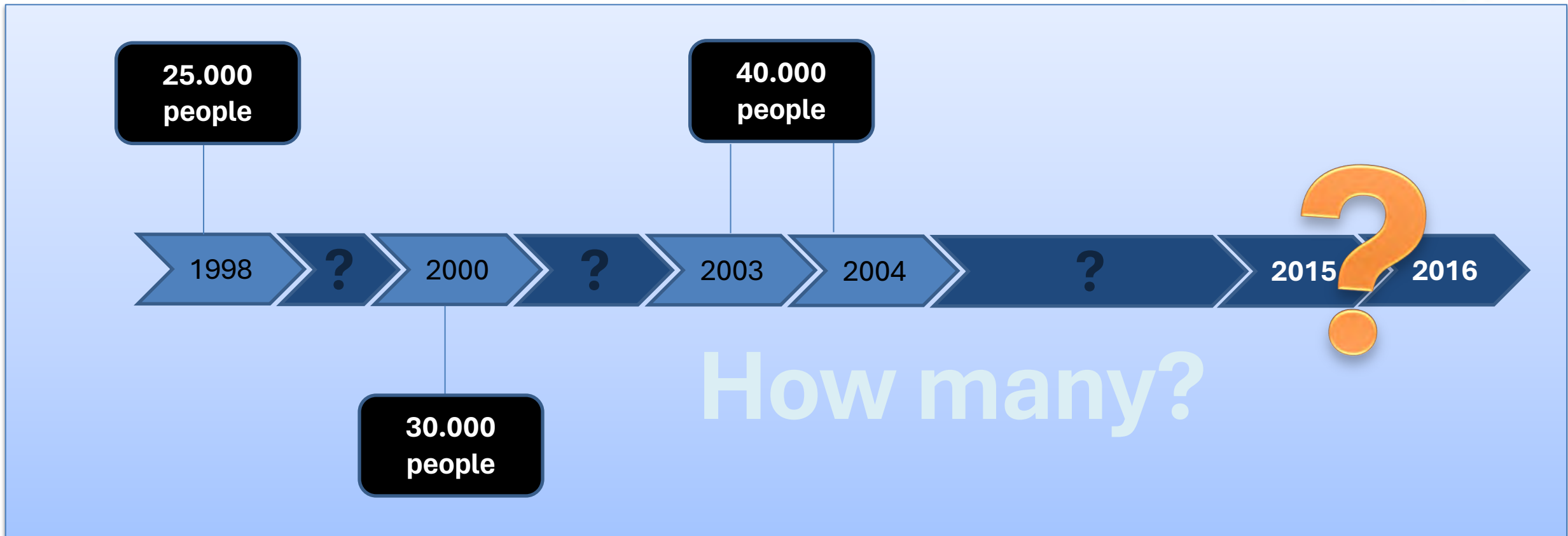
BERLENGAS NATURAL RESERVE



BERLENGA ISLAND VISITATION



- Seasonal visitation: May - September





METHODS & DATA

2015

- 15 – 20 July
- 12 – 17 August
- 27 – 31 August
- 2 – 5 September

2016

- 14 – 20 June
- 5 – 12 July
- 9 – 15 August
- 16 – 22 August



Count # people landed on the island

How many visitors?

Surveys
(35 questions)

(3) Key questions

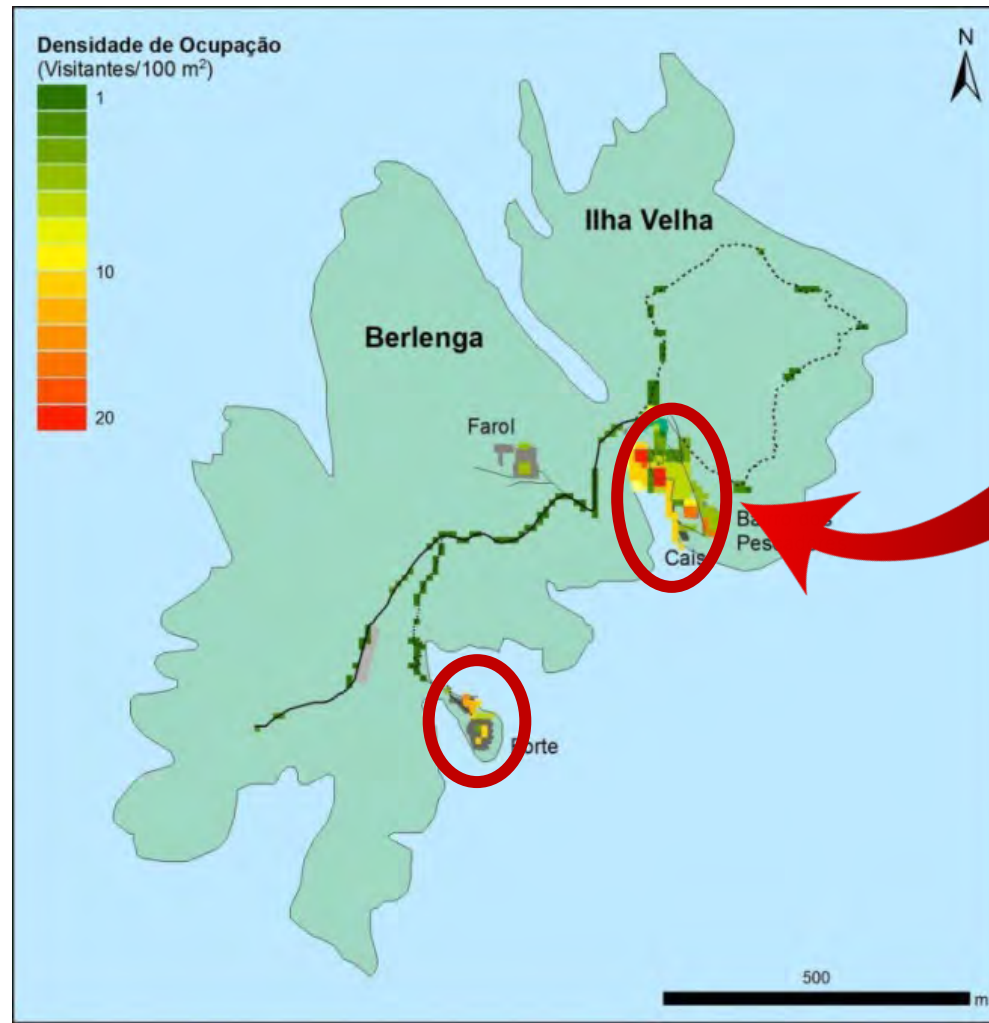
Visitation 'Barometer'



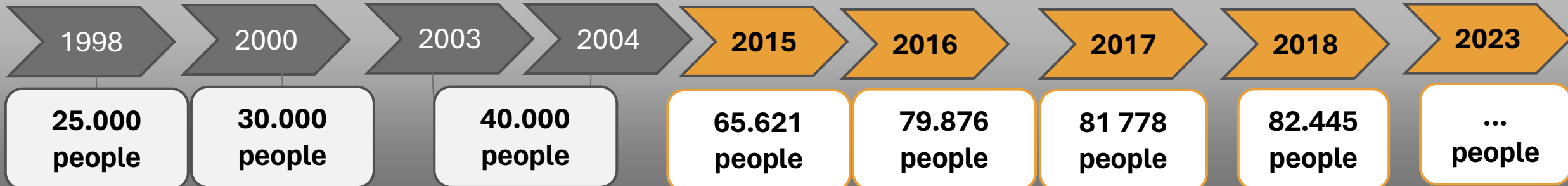
Quality scale associated to the recreational pressure



Theoretical model of
Spatial Distribution
during
High Season
13-14h
(1000 people)



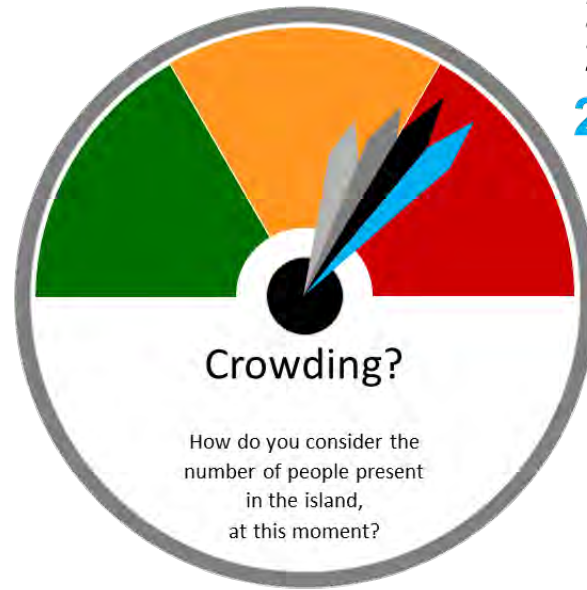
80~85%
Total of
visitors









Visitation Barometer



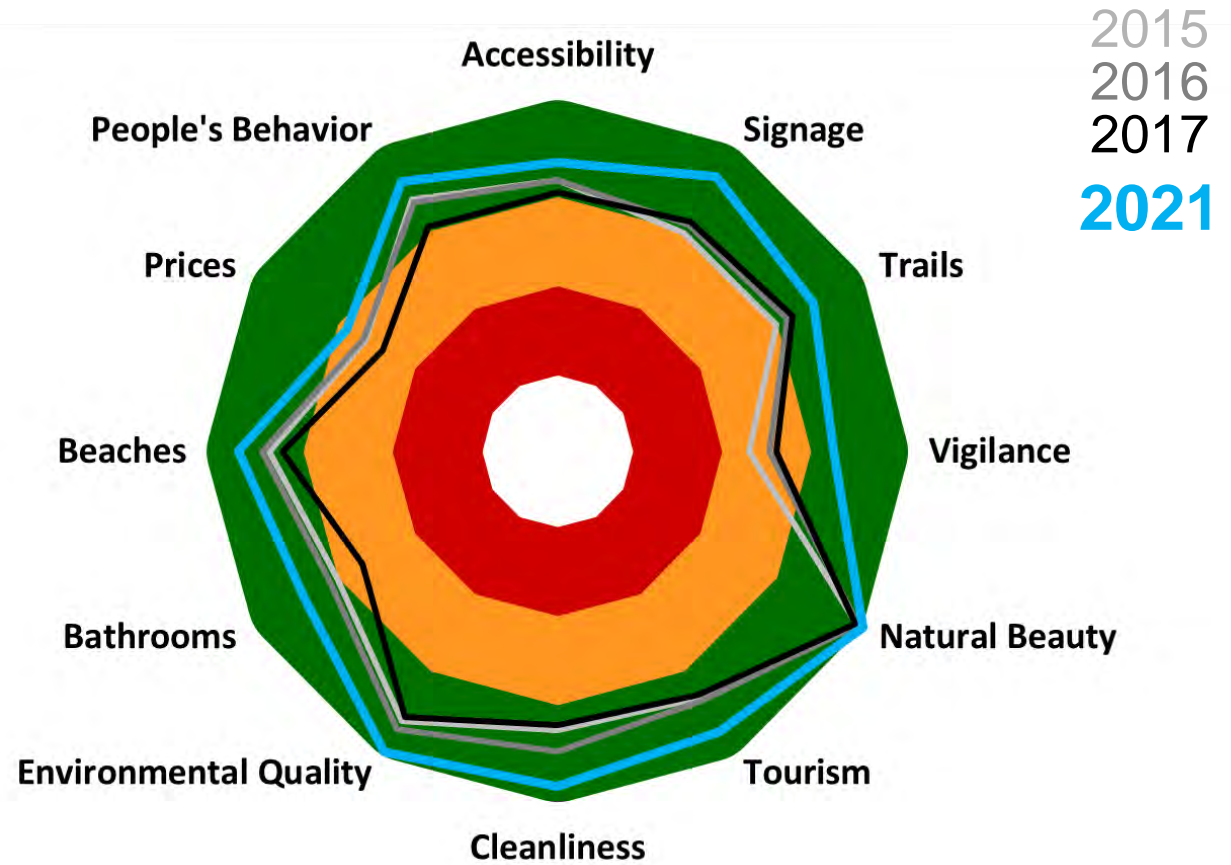
2015
2016
2017
2021



-  Could acomodate more
-  It's fine like this
-  Too many people

-  Better
-  About the same
-  Worse

Visitation Barometer



MAIN CHANGES IN THE LAST TEN YEARS:

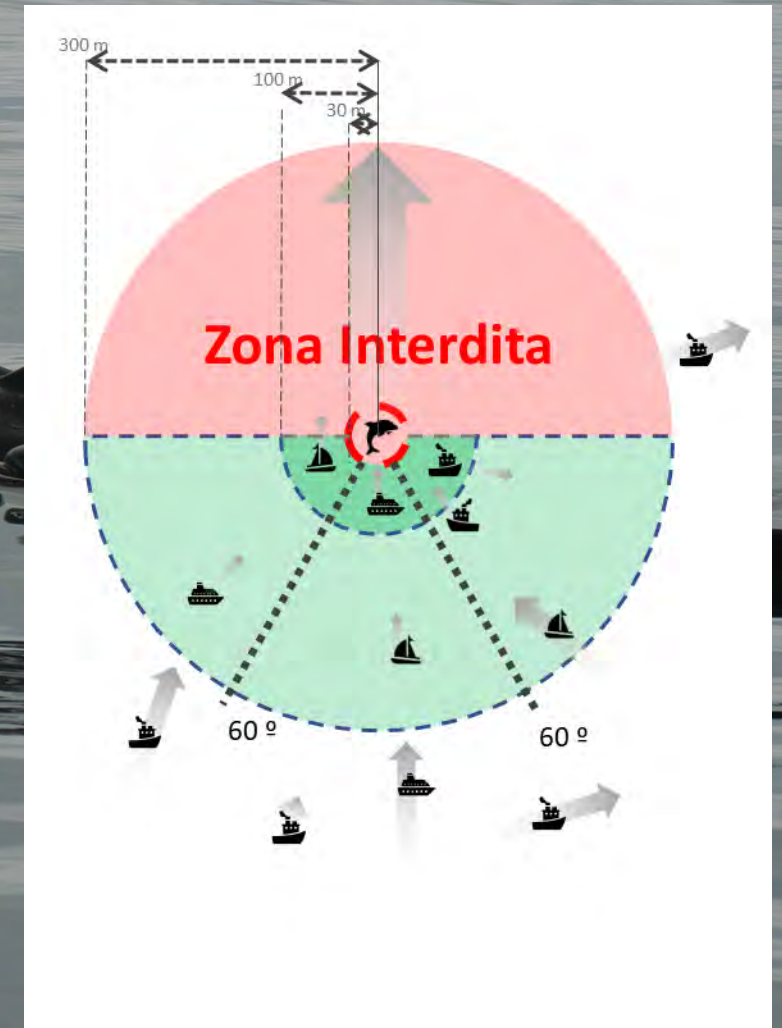
- a) **Definition of Carrying Capacity, 550 visitors per day simultaneous** at the island.
- b) Number of **trips** tourism operators **reduced**.
- c) **Portal for registration of visitors** implemented in 2022, with a fee to be charged for management of the reserve .

Carrying Capacity for dolphin watching at Sado Estuary Portugal Mainland



CURRENT SITUATION & RULES

- **27 Dolphins / 56 Licensed boats**
 - SADO / ARRÁBIDA
 - **25% of the Dolphins/Whale watching activity in Portugal mainland**
1. Máx. 30 min within the active observation area
 2. Activity could be done only during daytime
 3. Comercial operations can only be done by licenced operators;
 4. It's a NT activity, etc.



Decreto-Lei n.º 9/2006 - D.R. n.º 5, Série I-A de 6 de janeiro Regulamenta a atividade de Observação de Cetáceos nas Águas de Portugal continental. Alterado parcialmente pelo Dec.-Lei n.º 92/2010 - D.R.n.º 143, Série I de 26 de julho.

METHODOLOGY



SEA TRIPS FOR DATA COLLECTION

Lat,Long (WGS84)

x,y (etrs89)

+

Azimuth (° rad)

Distance (m)

=

$$X_{emb} = X_i + dist * \sin(^{\circ} rad)$$

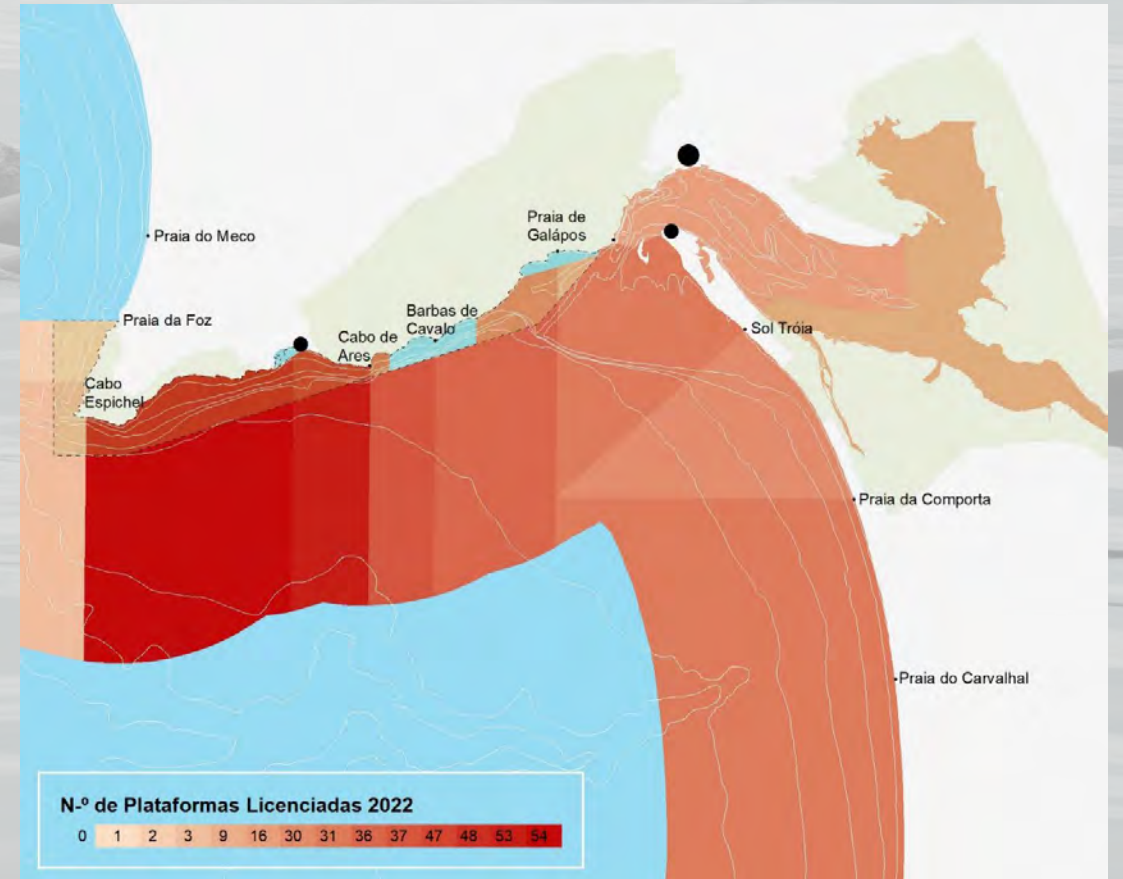
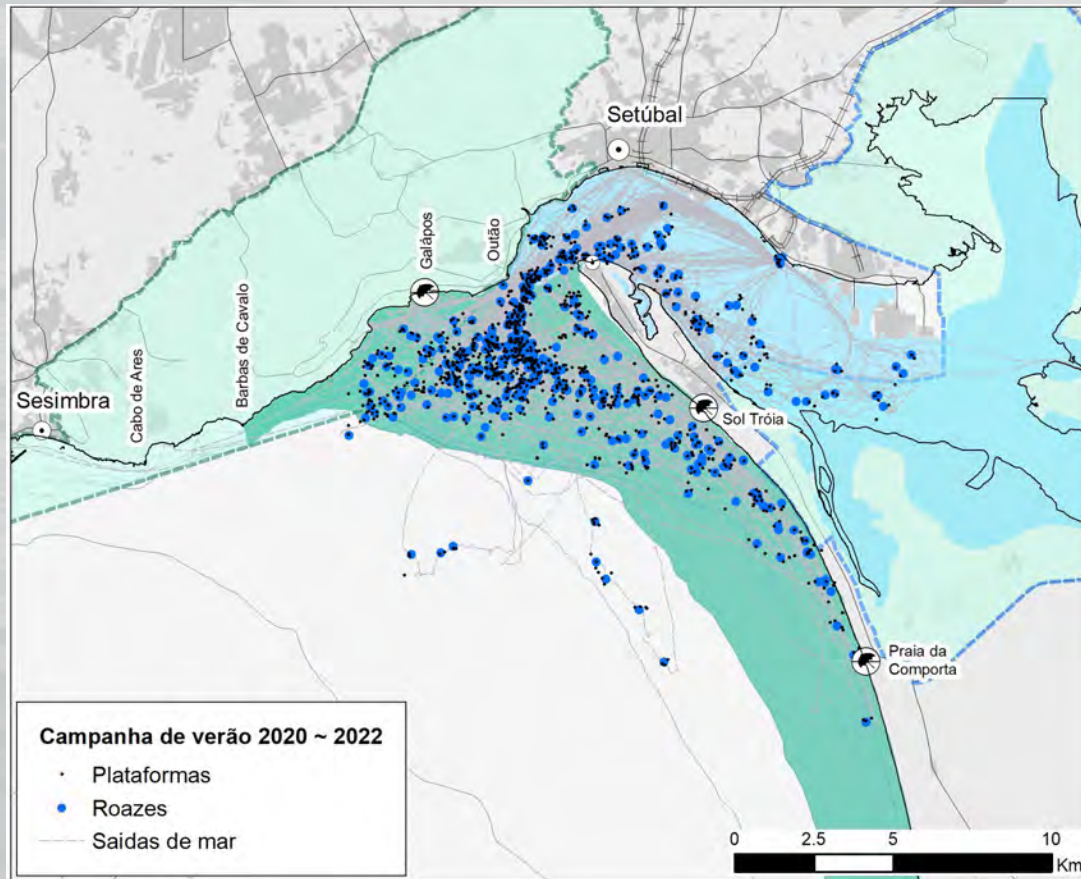
$$Y_{emb} = Y_i + dist * \cos(^{\circ} rad)$$



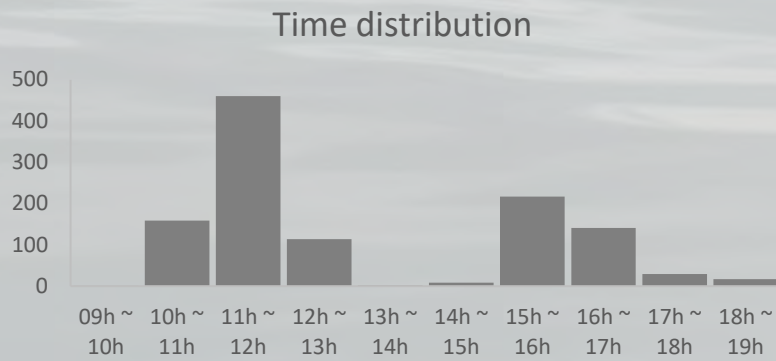
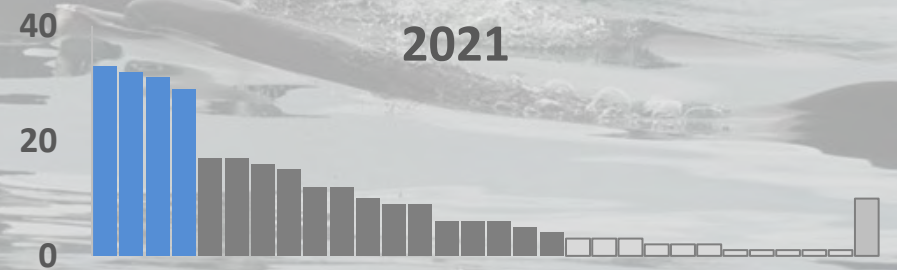
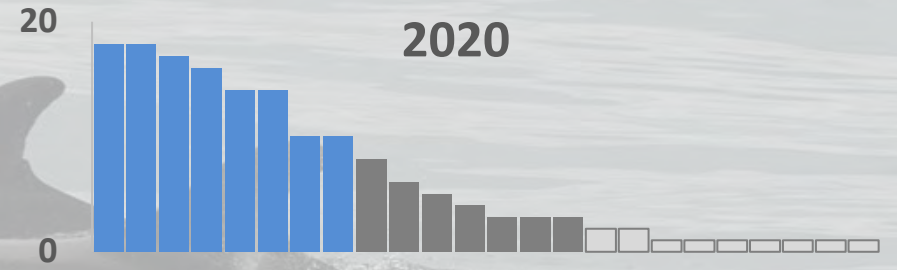
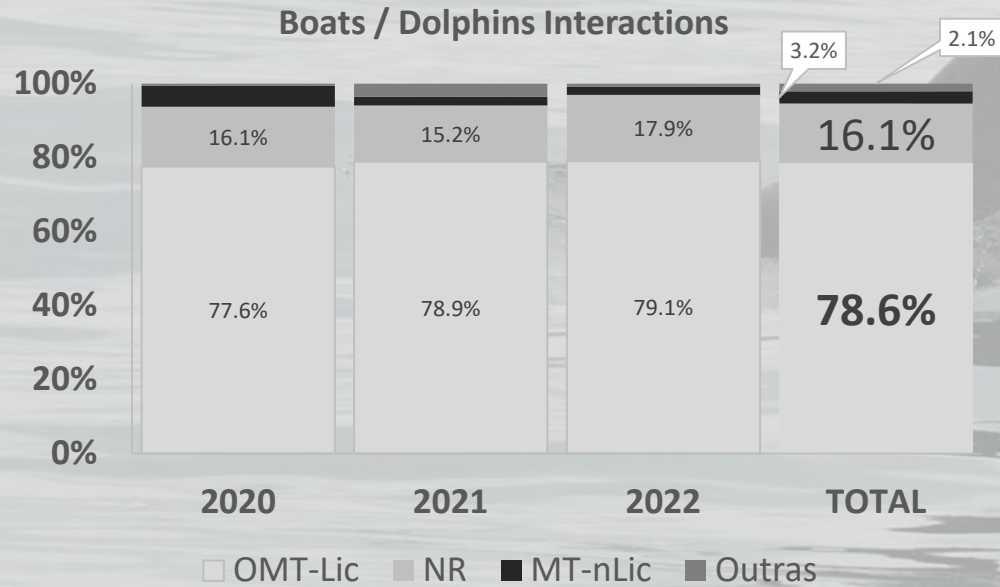
Results

2020-22
94 sea trips
> 342 h / > 4002 Km

Records
424 Samples
1150 Boat Interactions

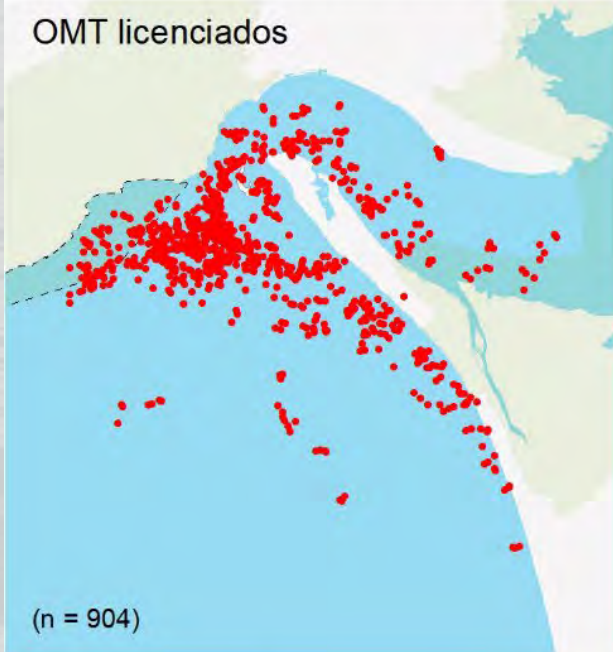


Boats/Dolphins interactions (global results)

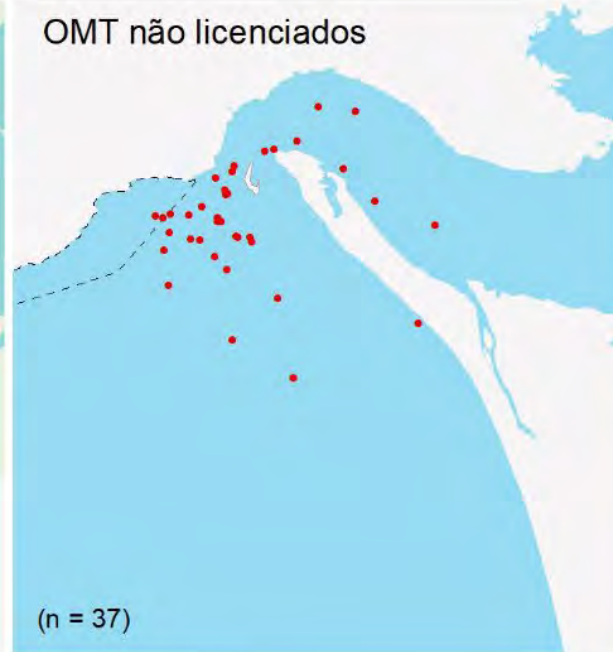


■ ~ 100 %
 ■ > 50 %
 ~ residual

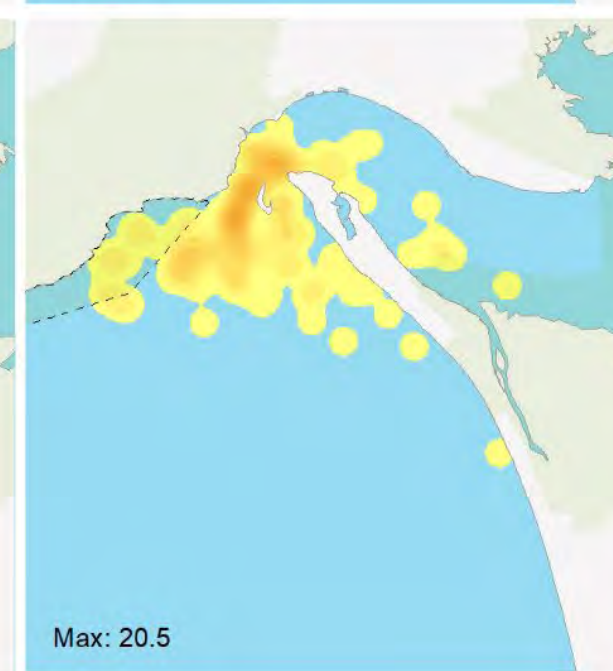
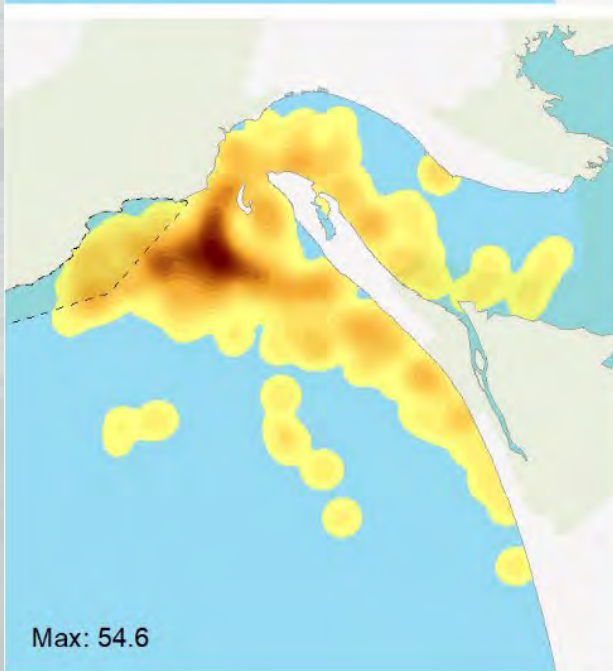
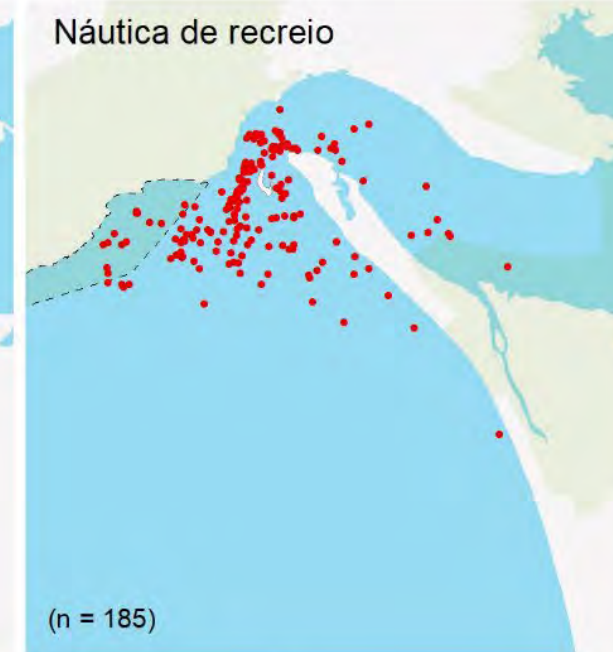
OMT licenciados



OMT não licenciados



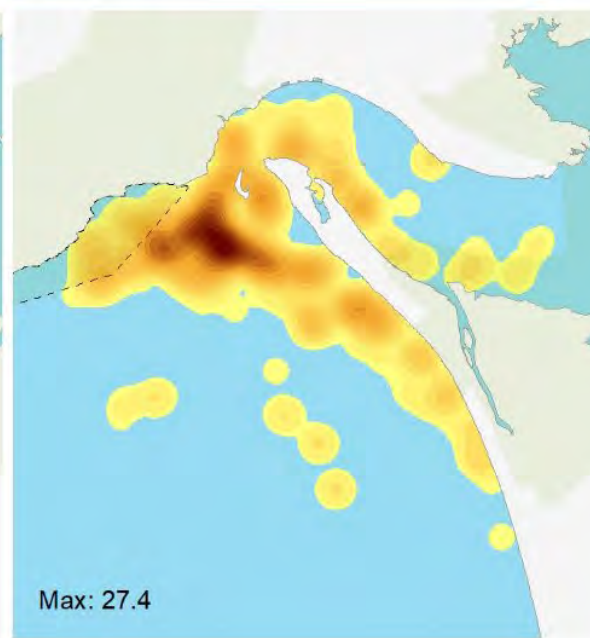
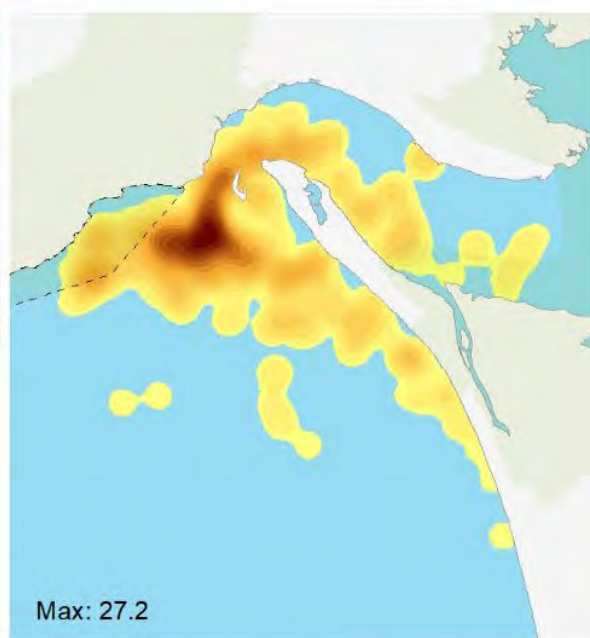
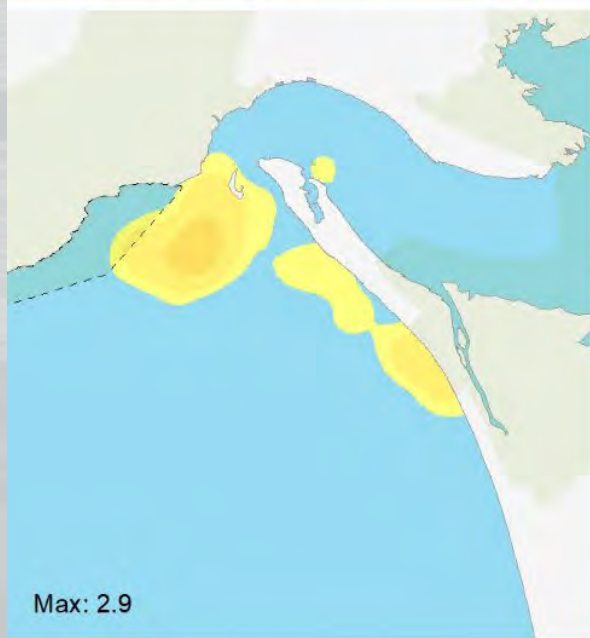
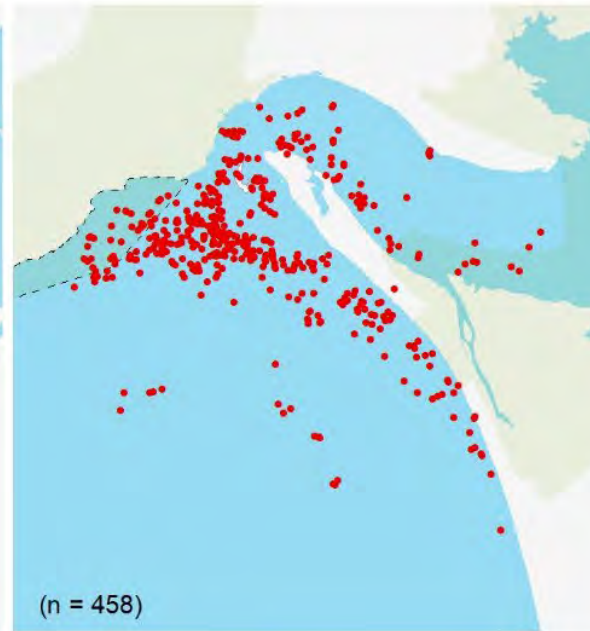
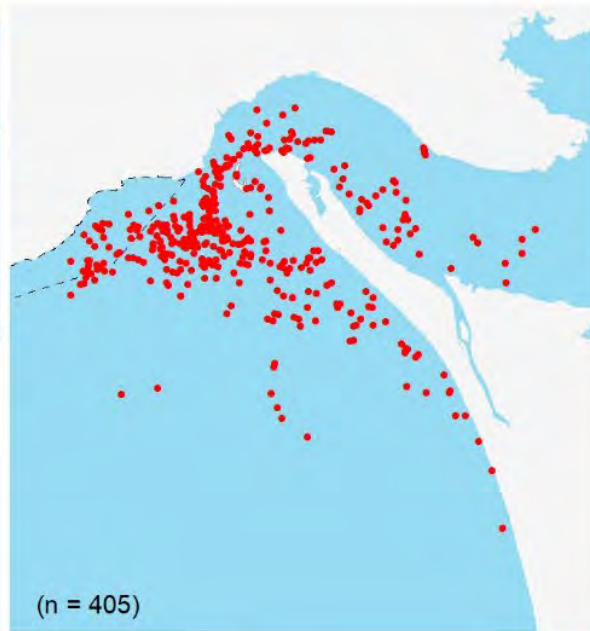
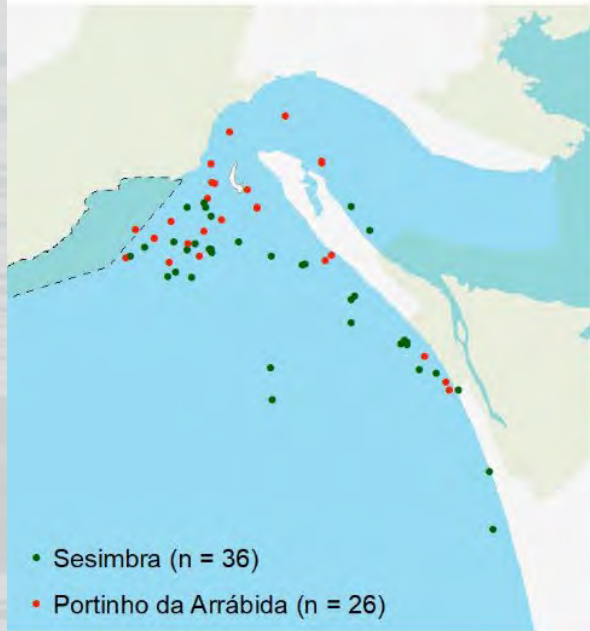
Náutica de recreio



Sesimbra e Portinho da Arrábida

Setúbal

Tróia



KEY ASPECTS OF CARRYING CAPACITY

- Importance of local conditions and management options.
- Complexity of issues involved.
- The importance of Zoning
- Vital to define Infrastructures and accessibility.
- Individual values
- Should not be expressed as a rigid value
- Good Data

FINAL REMARKS



CHARACTERIZATION
IS CRUCIAL



MONITORIZATION IS
THE KEY



CC DEPENDS ON
MANAGEMENT
GOALS



IT'S AN
INTERACTIVE
PROCESS



IT'S NEVER A MAGIC
NUMBER!